

# **T&C March Newsletter**

We are excited to announce additional classes joining our Monthly Group Fitness Schedule!

- Monday 9:00am Warm Water
- Tuesday 5:45pm Cycle
- Wednesday 6:00pm FBI
- Friday 9:00am Warm Water
- Saturday 10:30am Cycle

Is the Group Class you want to take full? Register for one of the additional classes above through our free app or waitlist yourself!

Click the App Store or Google Play button to download our app now!









#### **OPEN SWIM RESERVATIONS:**

As a reminder, <u>you MUST call our Front</u>

<u>Desk ahead of time to reserve a 45 minute</u>

<u>time block in either our Warm Water or Lap</u>

<u>Pool during Open Swim.</u> Due to mandated restrictions, we are limited in the number of participants we can have safely swimming per hour.

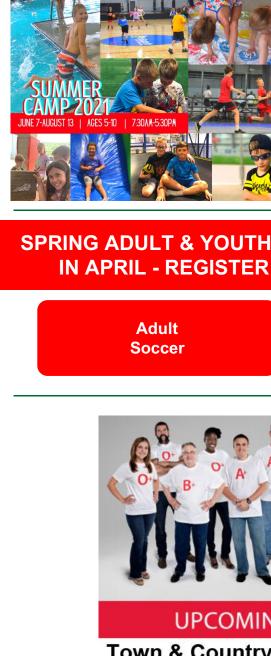
#### **WEIGHT ROOM USAGE REMINDERS:**

- Clean any machines, equipment, and/or free weights after your workout
- Put free weights/plates back on weight racks after your workout
- Avoid excessive phone usage at machines



#### **SUMMER CAMP 2021**

T&C's 2021 Summer Camp Online Registration is open now! We will <u>NOT</u> be



accepting any walk-up registrants this year due to the limited number of campers allowed - sign your kids up today to ensure space is available! Click here or on the Summer Camp photo to visit our website for registration.

## SPRING ADULT & YOUTH SOCCER LEAGUES BEGINNING **IN APRIL - REGISTER NOW BY CLICKING BELOW!**

Youth Soccer



# **UPCOMING BLOOD DRIVE**

## **Town & Country Sports & Health Club**

Thursday, April 8, 2021 12 p.m. - 6 p.m.

Mobile bus in parking lot 1018 Town Dr. - Wilder, KY.

To schedule your appointment, go to: www.hoxworth.org/groups/tc or call Hoxworth at 513-451-0910

All donors will receive a Regal Movie Ticket!

All Types Welcome. Haworth BLOOD CENTER UNIVERSITY OF CINCINATION



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